



UMC Utrecht  
Julius Center

# Meta-analysis of prediction models

combining aggregate and individual participant data

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*for the Cochrane IPD Meta-analysis Methods Group*

*(Co-convenors: Jayne Tierney, Mike Clarke, Lesley Stewart,  
Maroeska Rovers)*

# Conflict of interest

**We have developed and validated several multivariable prediction models.**

**We performed several individual patient data meta-analyses, in addition to methodological work**

**We have no actual or potential conflict of interest in relation to this workshop**



# Prediction



- Risk prediction = foreseeing / foretelling  
... (probability) of something that is yet unknown
- Turn available information (predictors) into a statement about the probability:
  - ... diagnosis
  - ... prognosis

What is the big difference between diagnostic and prognostic 'prediction'?



# Four main types of prognosis studies

PROGRESS series 2013: BMJ and Plos Med

- Average/overall prognosis: 'What is the most likely course (outcome) of people with this health condition?'
- Prognostic factors: 'What factors are associated with that outcome?'
- Prognostic (prediction) models: 'Are there risk groups who are likely to have different outcomes?'
- Treatment selection/factors predicting treatment response (predictive factor)



# Four main types of prognosis studies

PROGRESS series 2013: BMJ and Plos Med










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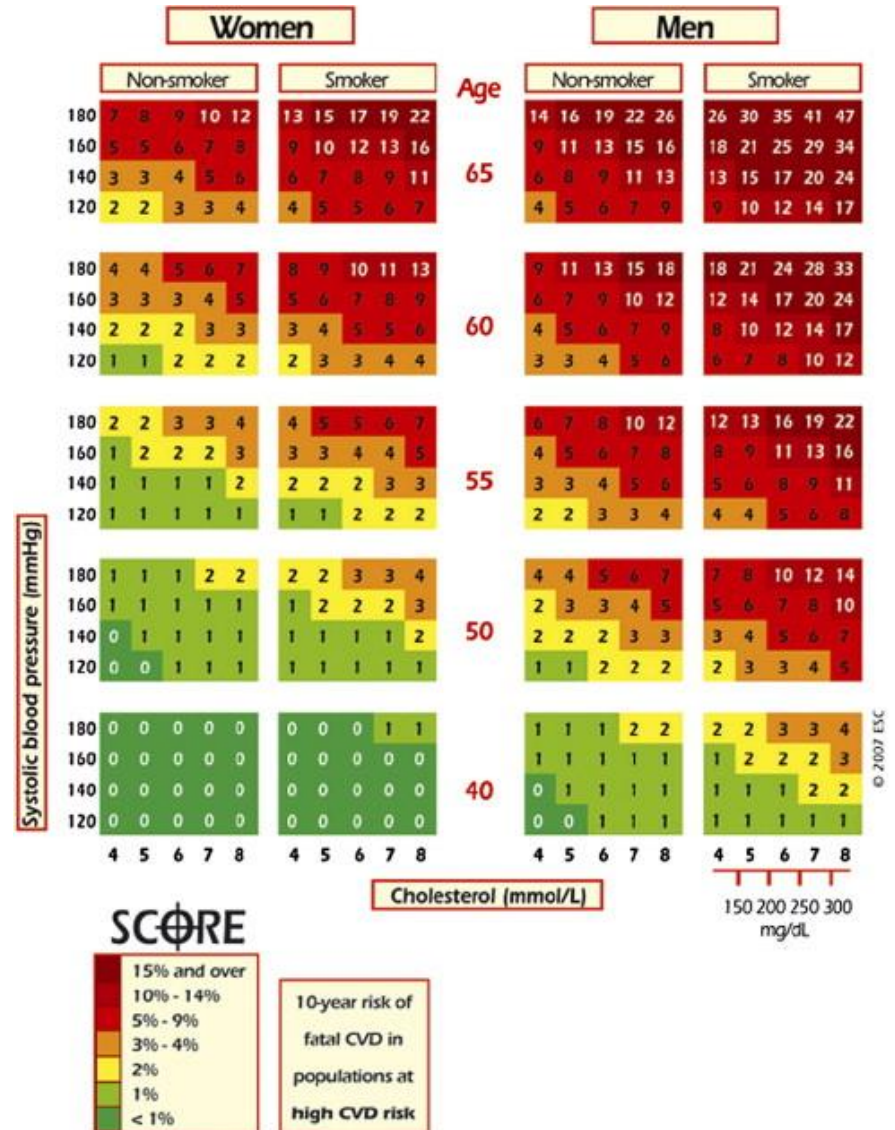


# Prediction models

## APGAR

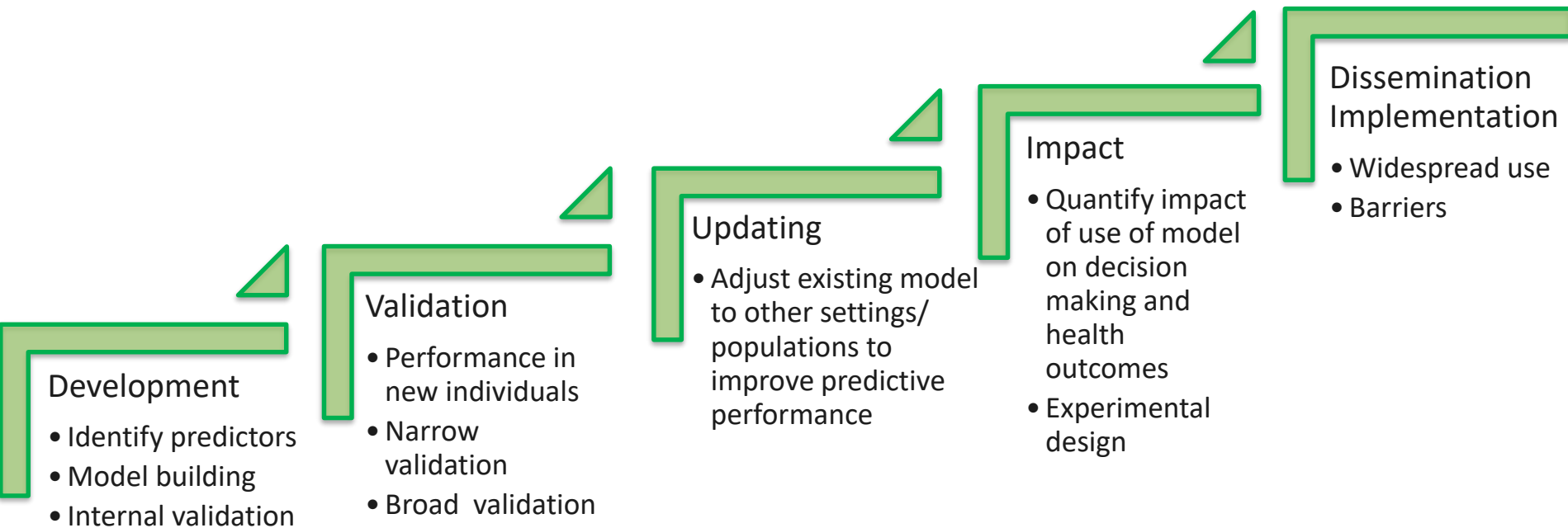
Test Scoring

	Score 0	Score 1	Score 2
<b>A</b> ppearance	 Blue all over	 Blue only at extremities	 No blue coloration
<b>P</b> ulse	No pulse	<100 beats/min.	>100 beats/min.
<b>G</b> rimace	 No response to stimulation	 Grimace or feeble cry when stimulated	 Sneezing, coughing, or pulling away when stimulated
<b>A</b> ctivity	 No movement	 Some movement	 Active movement
<b>R</b> espiration	No breathing	Weak, slow, or irregular breathing	Strong cry



# Phases of prediction model evaluation

*Series in BMJ 2009 and in Heart 2012, Moons et al*



Increasing level of evidence for use of model in practice



# Prediction models

## Common problems

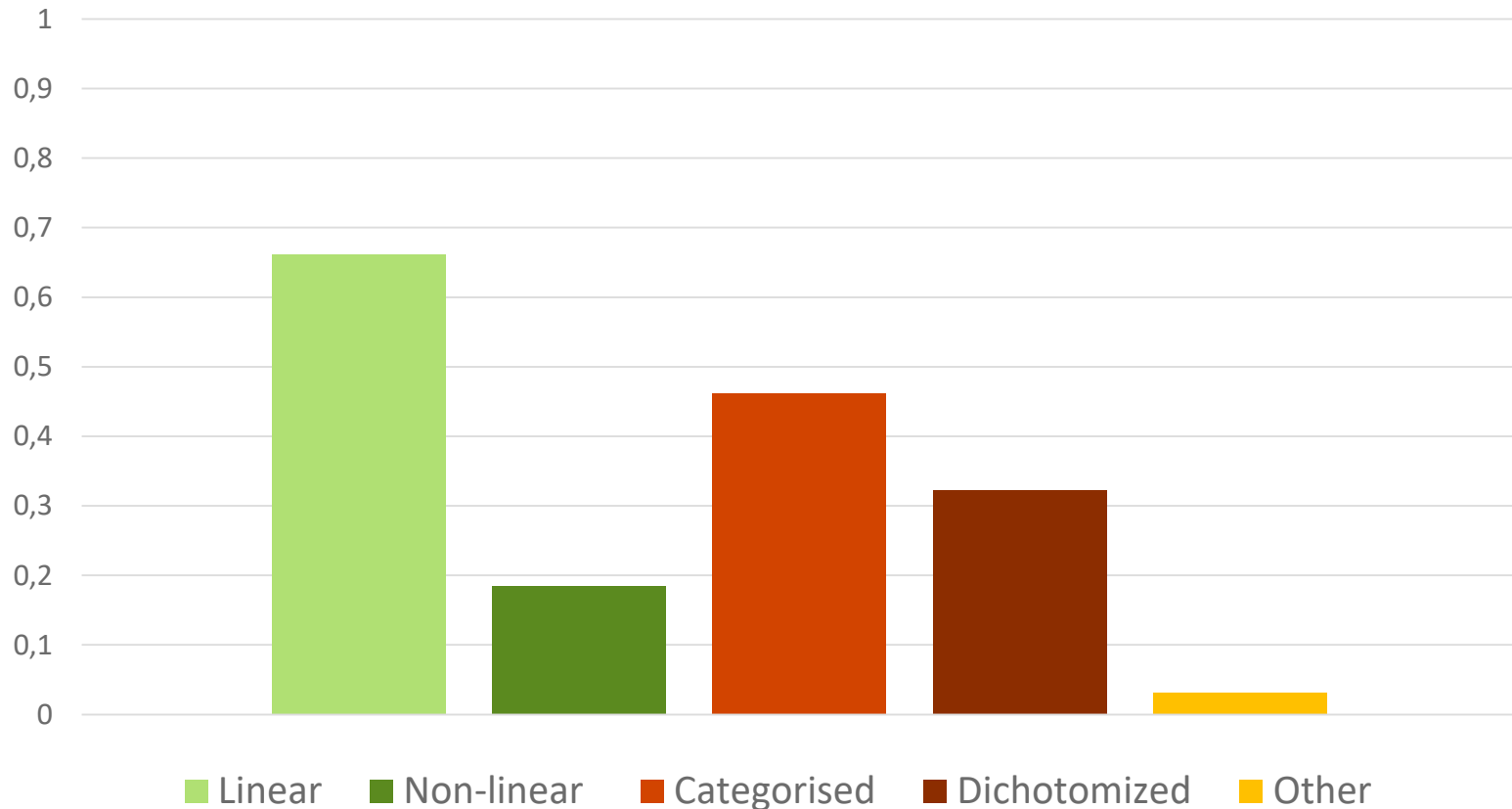
- Poor statistical methodology
- Poor predictive accuracy
  - Over-optimism
  - Lack of transportability





# Problem 1: Poor methodology

Handling of continuous predictors

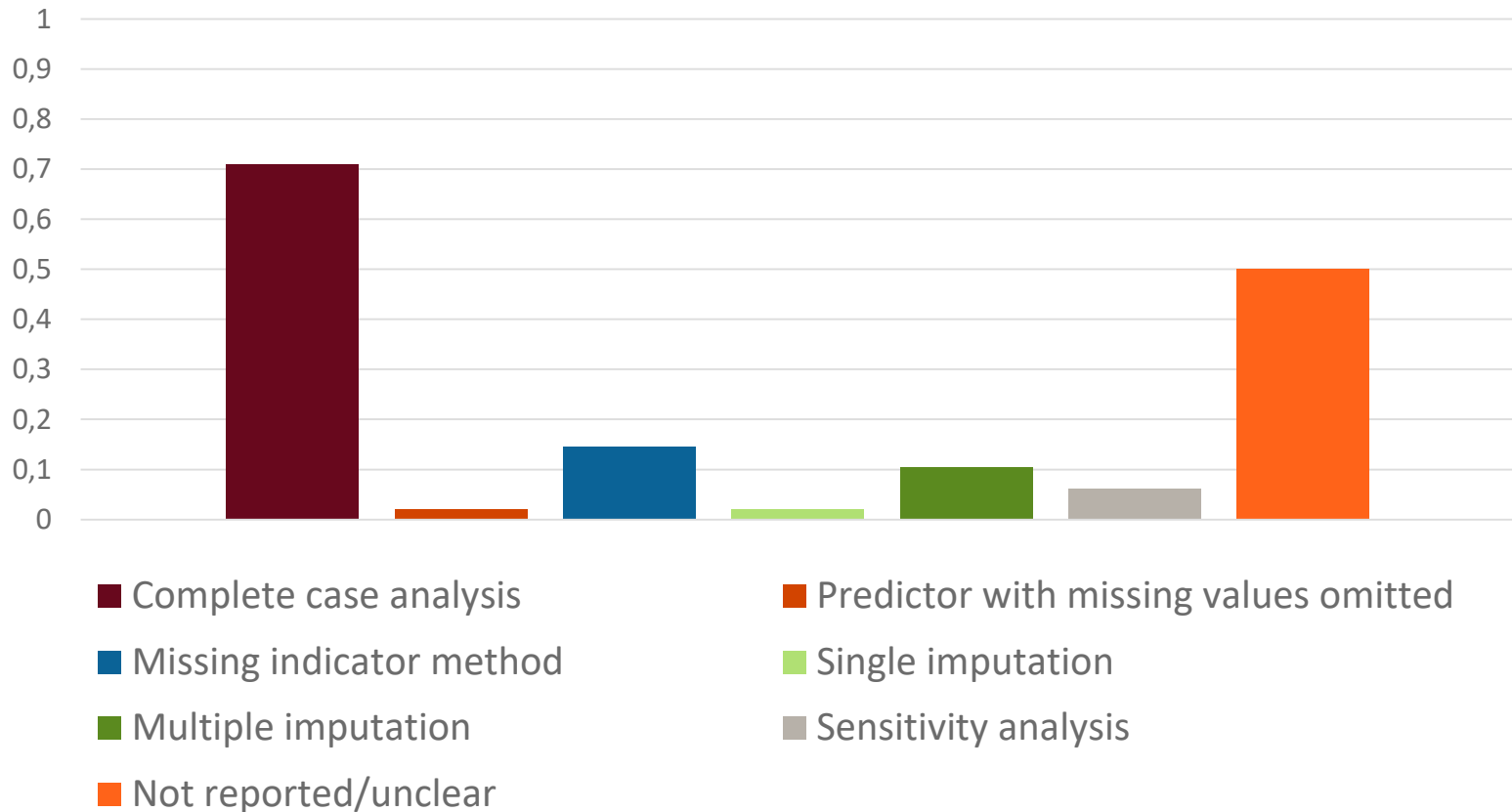


**Ref:** Bouwmeester *W et al.* Reporting and methods in clinical prediction research: a systematic review. *PLoS Med.* 2012.



# Problem 1: Poor methodology

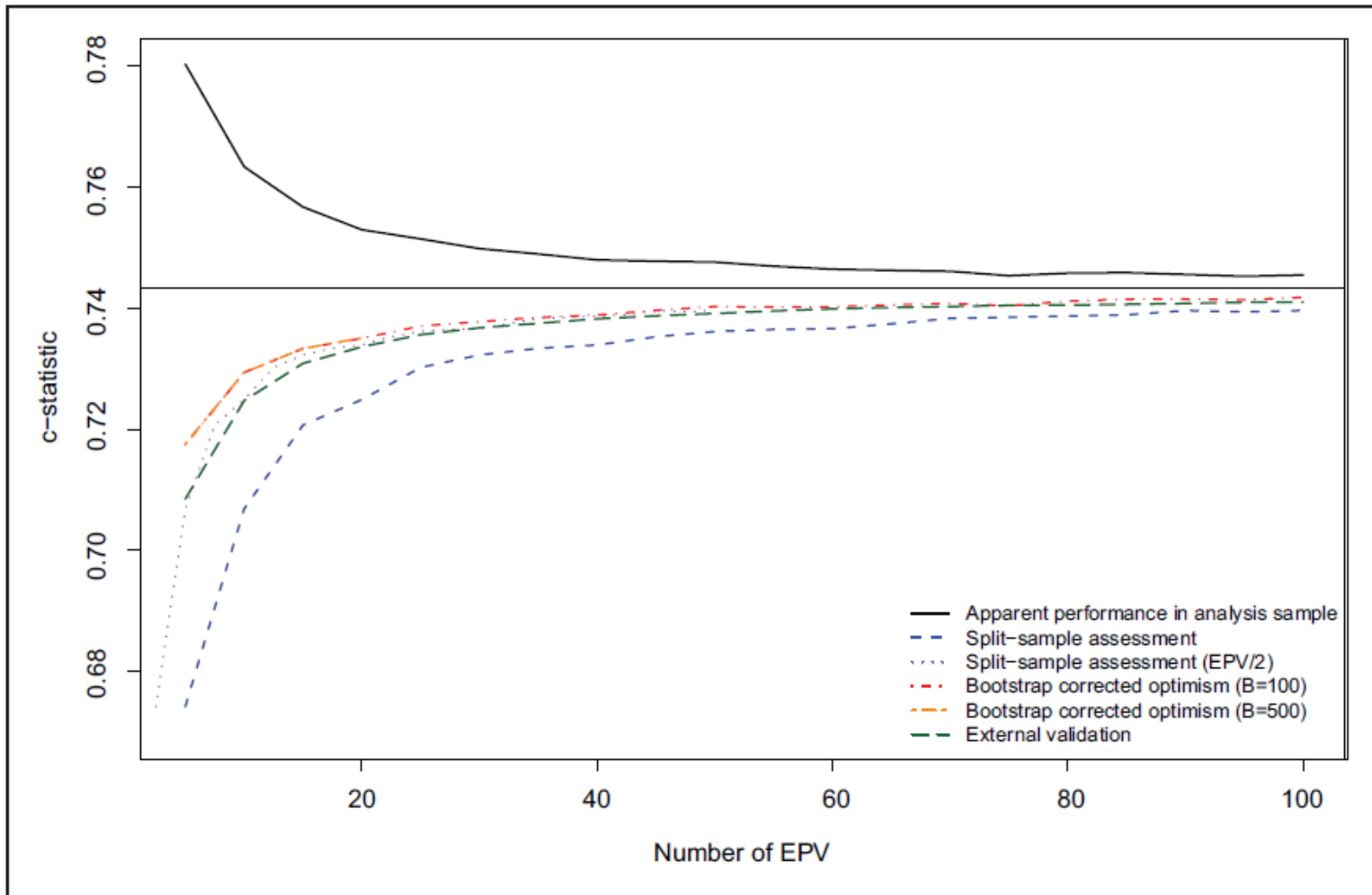
Handling of missing data



**Ref:** Bouwmeester W *et al.* Reporting and methods in clinical prediction research: a systematic review. PLoS Med. 2012.



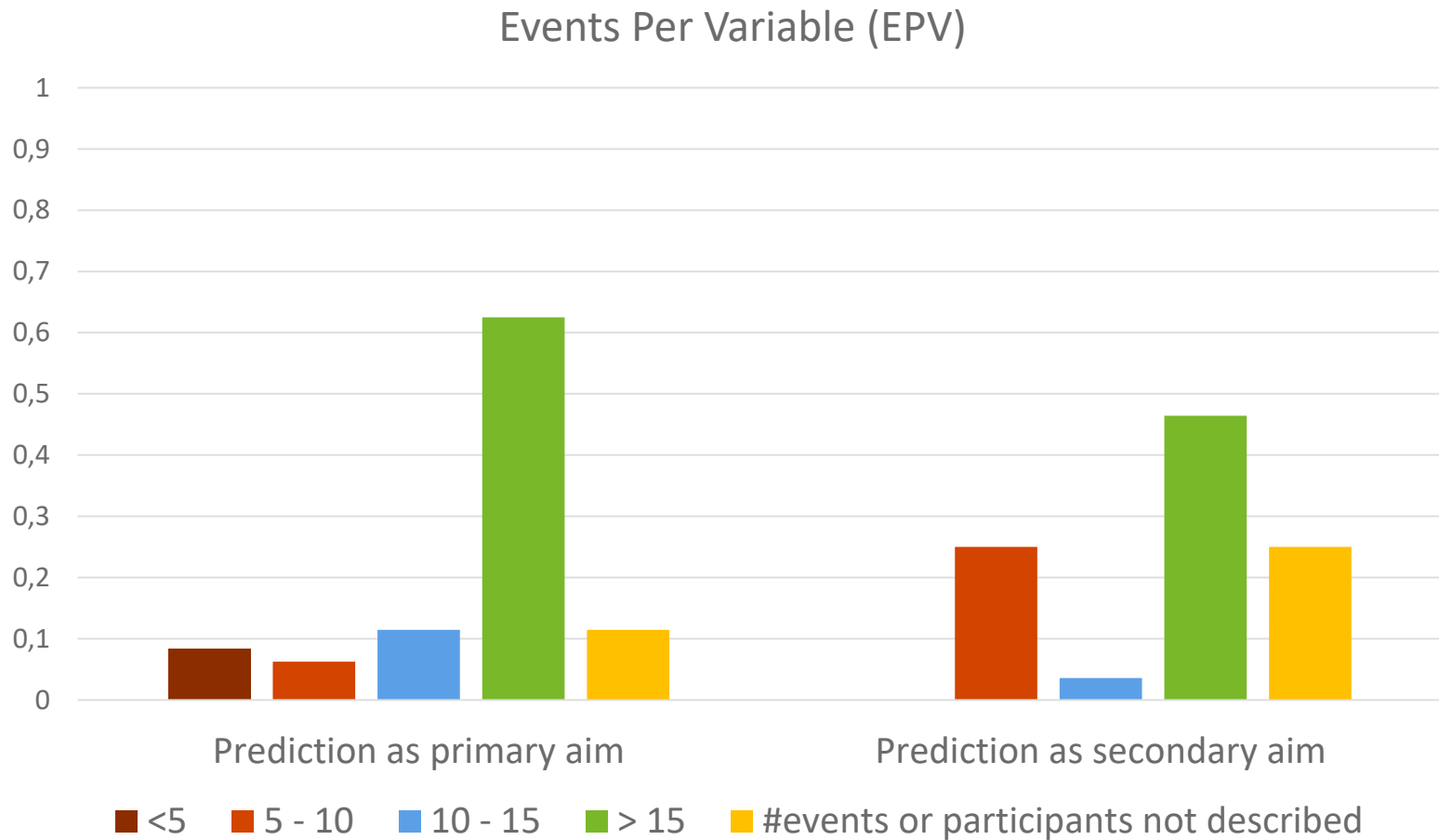
## Problem 2: Over-optimism



**Ref:** Austin PC *et al.* Events per variable (EPV) and the relative performance of different strategies for estimating the out-of-sample validity of logistic regression models. *Stat Methods Med Res.* 2014.



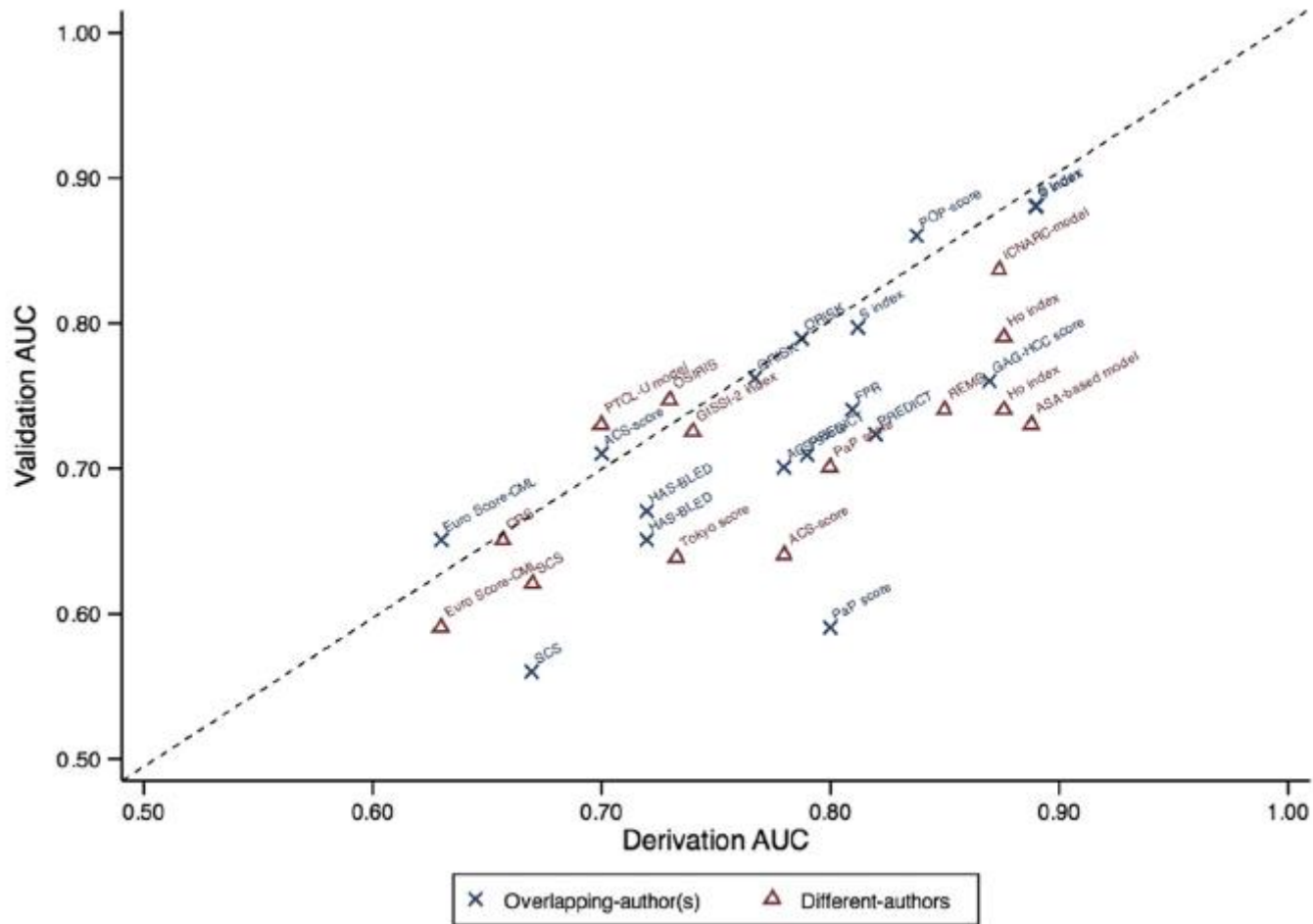
# Problem 2: Over-optimism



**Ref:** Bouwmeester *W et al.* Reporting and methods in clinical prediction research: a systematic review. PLoS Med. 2012.



# Problem 3: Lack of transportability



**Ref:** Siontis *et al.* External validation of new risk prediction models is infrequent and reveals worse prognostic discrimination. *Journal of Clinical Epidemiology*. 2014.



# Numerous models for same target population + outcomes

## Prior evidence not optimally used

**Reflex:** develop 'own new' model from their study data → certainly if poor validation of existing model

- > 150 models alike Framingham, SCOPE, Qrisk
- > 100 models for brain trauma patients
- > 60 models for breast cancer prognosis
- > 100 diabetes type 2 models



# Numerous models for same target population + outcomes

## Diagnosis of Deep Vein Thrombosis

Clinical feature	Score
Active cancer (treatment ongoing or within previous 6 months or palliative)	1
Paralysis, paresis, or recent plaster immobilisation of the lower extremities	1
Recently bedridden for more than 3 days or major surgery, within 4 weeks	1
Localised tenderness along the distribution of the deep venous system	1
Entire leg swollen	1
Calf swelling by more than 3 cm when compared with the asymptomatic leg (measured 10 cm below tibial tuberosity)	1
Pitting oedema (greater in the symptomatic leg)	1
Collateral superficial veins (non-varicose)	1
Alternative diagnosis as likely or greater than that of deep-vein thrombosis	-2

In patients with symptoms in both legs, the more symptomatic leg is used.

Diagnostic variables	Odds ratio	Regression coefficient*	p-value	Points for the rule
Male gender	1.80 (1.36 – 2.16)	0.59	<0.001	1
Oral contraceptive use	2.12 (1.32 – 3.35)	0.75	0.002	1
Presence of malignancy	1.52 (1.05 – 2.44)	0.42	0.082	1
Recent surgery	1.46 (1.02 – 2.09)	0.38	0.044	1
Absence of leg trauma	1.82 (1.25 – 2.66)	0.60	0.002	1
Vein distension	1.62 (1.19 – 2.20)	0.48	0.002	1
Calf difference ≥ 3 cm	3.10 (2.36 – 4.06)	1.13	<0.001	2
D-dimer abnormal	20.3 (8.25 – 49.9)	3.01	<0.001	6
Constant		-5.47		

DVT= deep vein thrombosis; \*=natural logarithm of the odds ratio; D-dimer abnormal for VIDAS ≥ 500 ng/ml and Tinaquant ≥ 400 ng/ml. Probability of DVT as estimated by the final model =  $1/(1 + \exp(-5.47 + 0.59 * \text{male gender} + 0.75 * \text{OC use} + 0.42 * \text{presence of malignancy} + 0.38 * \text{recent surgery} + 0.60 * \text{absence of leg trauma} + 0.48 * \text{vein distension} + 1.13 * \text{calf difference} \geq 3\text{cm} + 3.01 * \text{abnormal D-dimer}))$ .

Variable	p	odds ratio	coefficient
Immobilisation médicale dans le mois précédent (alitement > 48 h ou paralysie)	0,07	1,9 (1,0–3,7)	0,62
Contraception oestroprogestative	0,02	4,0 (1,2–12,9)	1,38
Antécédent personnel de MVTE	0,02	2,1 (1,1–4,0)	0,74
Cancer évolutif	<0,01	7,3 (2,4–22,1)	1,99
Diminution du ballant du mollet	0,01	2,3 (1,3–4,1)	0,83
Diagnostic alternatif au moins aussi probable	<0,01	0,1 (0,1–0,3)	-2,08

# Numerous models for same target population + outcomes

## Diagnosis of Deep Vein Thrombosis

Characteristics	Hamilton	Modified Wells
Plaster immobilization of lower limb	2	1
Active malignancy (within 6 months or current)	2	1
Strong clinical suspicion of deep venous thrombosis by the emergency physicians without other diagnostic possibilities	2	-
Bed rest (>3 days) or recent surgery (within 4 weeks)	1	1
Male sex	1	-
Calf circumference >3 cm on affected side (measured 10 cm below tibial tuberosity)	1	1
Erythema	1	-
Localized tenderness along the distribution of the deep venous system	-	1
Entire leg swollen	-	1
Pitting edema confined to the symptomatic leg	-	1
Collateral superficial veins (nonvaricose)	-	1
Previously documented deep vein thrombosis	-	1
Alternative diagnosis at least as likely as deep vein thrombosis	-	-2
Unlikely versus likely cutoff score	2 or less	1 or less





# Numerous models for same target population + outcomes

*"Comparing risk prediction models should be routine when deriving a new model for the same purpose"* (Collins 2012)



*"Substantial work is needed to understand how competing prediction models compare and how they can best be applied to individualize care."* (Wessler 2015)



*"There is an excess of models predicting incident CVD in the general population. The usefulness of most of the models remains unclear."* (Damen 2016)

# Numerous models for same target population + outcomes

## Systematic review

1. Formulating review question
2. Formulating search strategy
3. Critical appraisal
4. Quantitative data extraction
5. Quantitative data synthesis

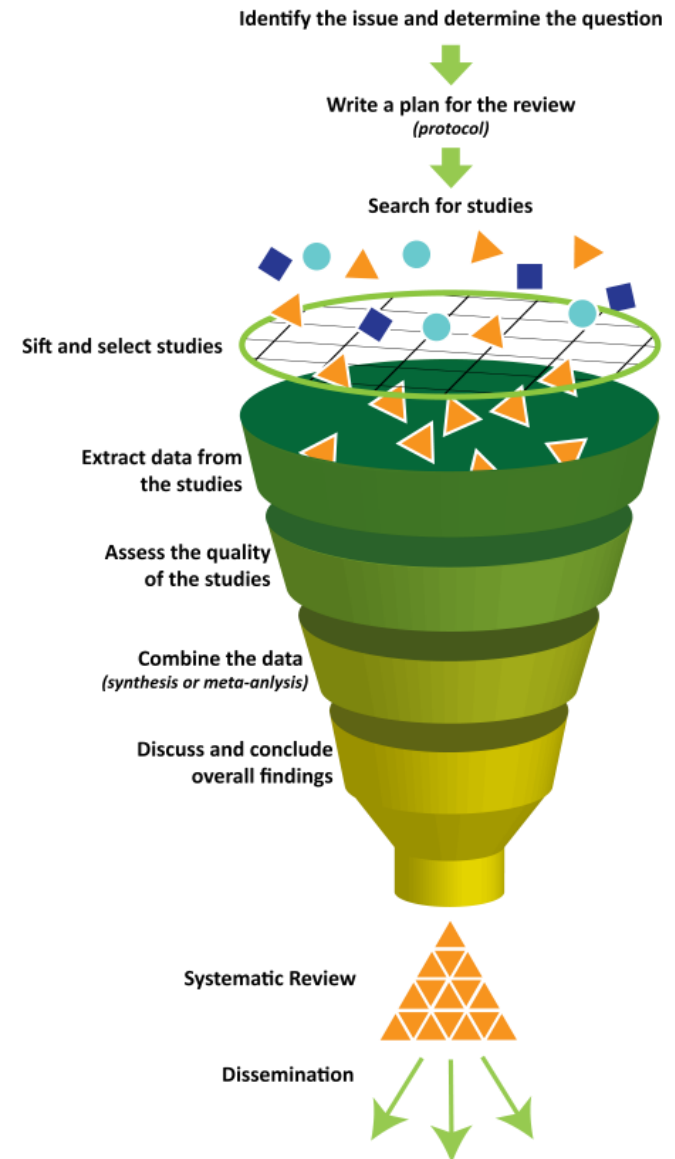


Image source: <http://cccr.org/cochrane.org/infographics>

# Numerous models for same target population + outcomes

## **Focus of today: using prior evidence when developing a new prediction model**

= combining individual participant and aggregate data

### Different types of aggregate data

- Univariable regression coefficients  
(or unadjusted odds/hazard ratios)
- Multivariable regression coefficients  
(or adjusted odds/hazard ratios)
- Complete regression models  
(or score charts)
- Regression trees, neural networks, ...

# Type 1

Incorporating unadjusted predictor effects



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# Background

- Many publications for a particular clinical problem
  - Description of patient characteristics and outcome(s)
  - Reported information often sufficient to calculate an unadjusted regression coefficient
- Possible to take advantage of univariable literature data!



*How could we make use of published unadjusted odds ratios when developing a logistic regression model?*



# Background

1987

**Greenland S.** Quantitative methods in the review of epidemiologic literature

2000

**Steyerberg EW** et al. Prognostic models based on literature and individual patient data in logistic regression analysis

2012

**Debray TPA** et al. Incorporating published univariable associations in diagnostic and prognostic modeling



# Background

**Strong correlation** between *univariable* and *multivariable* regression coefficient

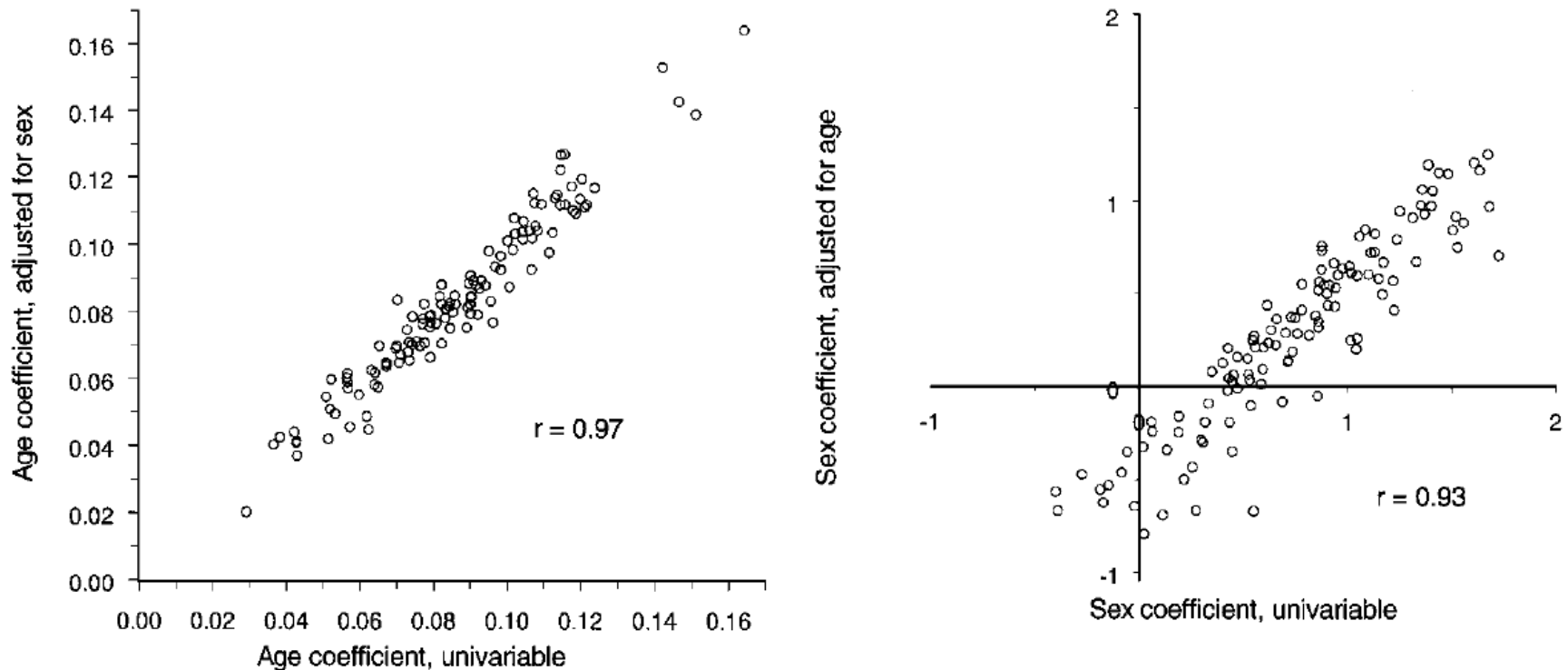


Figure 1. Univariable and multivariable regression coefficients in the two-predictor model consisting of age and sex estimated in 121 small subsamples of the GUSTO-I data set

# The adaptation method

## Required steps

1. Extract the *univariable* regression coefficients
2. Summarize the extracted coefficients
3. Estimate the change from *univariable* to *multivariable* coefficient in "own" data set
4. Use estimated change to transform the pooled *univariable* coefficient into a *multivariable* coefficient





# The adaptation method

## Steyerberg (2000)

- The *univariable* coefficients are summarized using fixed effects meta-analysis
- The updated *multivariable* coefficient and its SE can be approximated using simple equations:

$$\hat{\beta}_{m|L} = \hat{\beta}_{m|I} + c \left( \hat{\beta}_{u|L} - \hat{\beta}_{u|I} \right)$$

$$\widehat{\text{Var}} \left( \hat{\beta}_{m|L} \right) = \widehat{\text{Var}} \left( \hat{\beta}_{u|L} \right) + \left[ \widehat{\text{Var}} \left( \hat{\beta}_{m|I} \right) - \widehat{\text{Var}} \left( \hat{\beta}_{u|I} \right) \right]$$

m = multivariable, u = univariable, L = literature, I = "own" IPD



# The adaptation method

## Extensions by Debray et al. (2012)

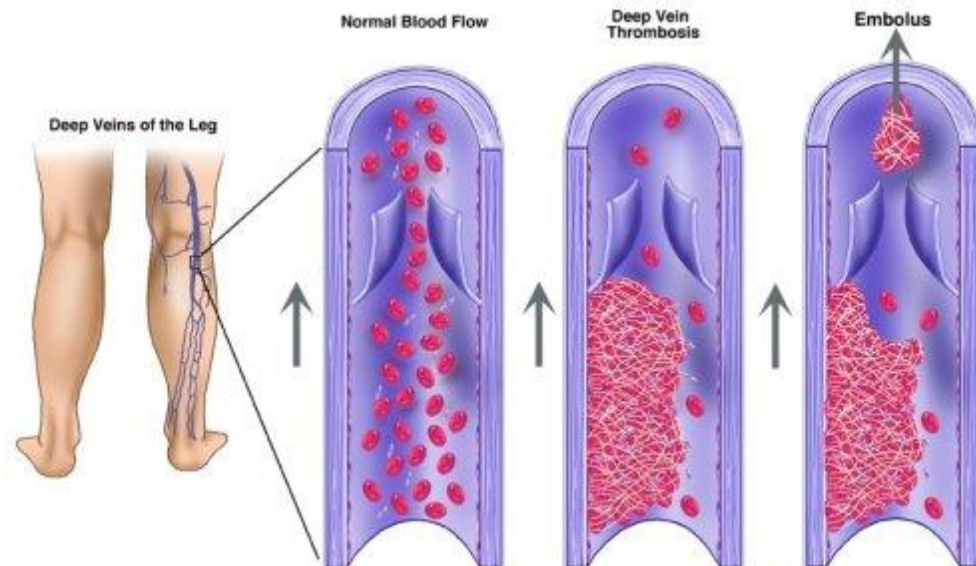
- Summarize *univariable* coefficients using random effects meta-analysis
- Apply penalization to estimate the change from *univariable* to *multivariable* coefficient
- Apply bootstrap procedure to estimate SE of updated *multivariable* regression coefficient



# Case study

## Diagnosis of Deep Vein Thrombosis

- Outcome: presence of DVT
- Population: patients suspected of DVT
- Literature: 7 studies reporting D-dimer test results
- Model development dataset (N=1295)
- External validation dataset (N=1756)



# Case study

## Diagnosis of Deep Vein Thrombosis

### Model development

- Logistic regression in “own” IPD (●)
- Penalized logistic regression in “own” IPD (●)
- Steyerberg Adaptation method (●)
- Debray Adaptation method (●)

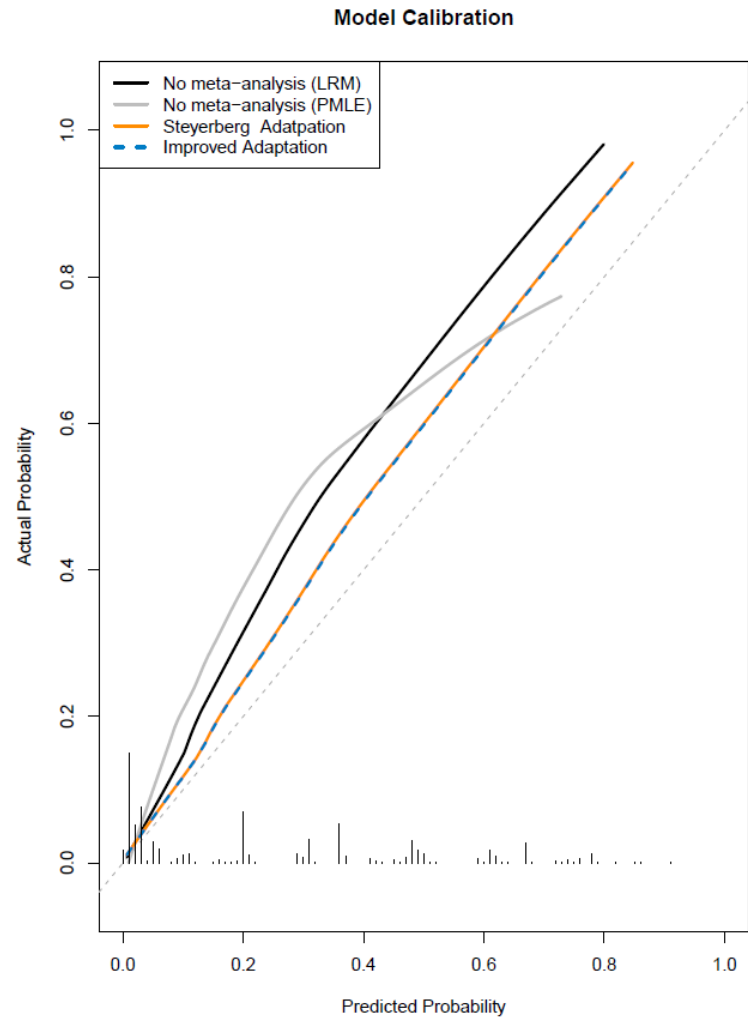
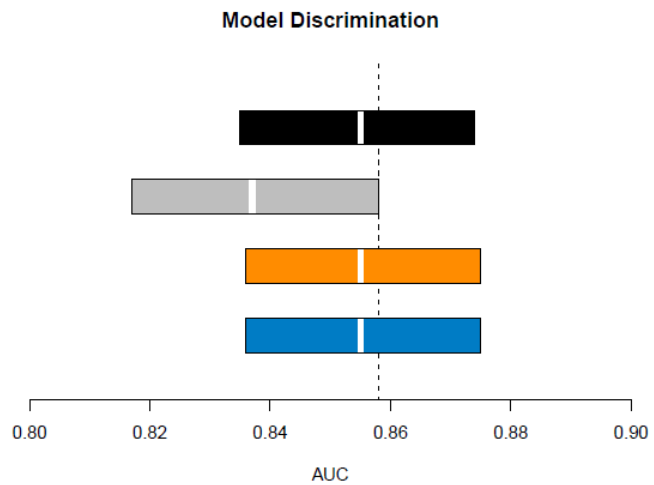
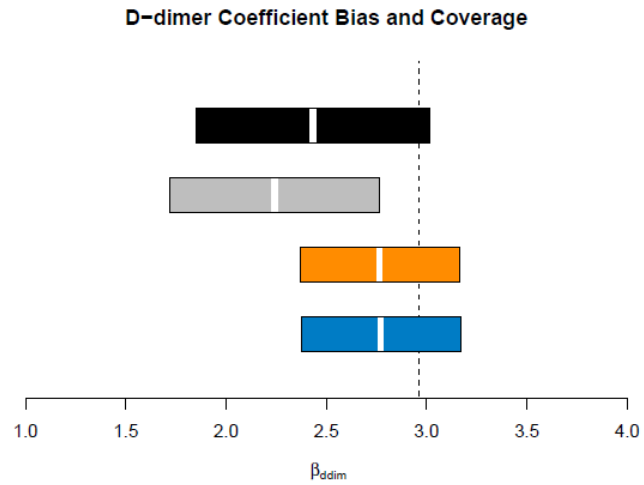
### Model validation

- Multivariable coefficient for D-dimer and 95% CI
- Model discrimination
- Model calibration



# Case study

## Diagnosis of Deep Vein Thrombosis



# Case study

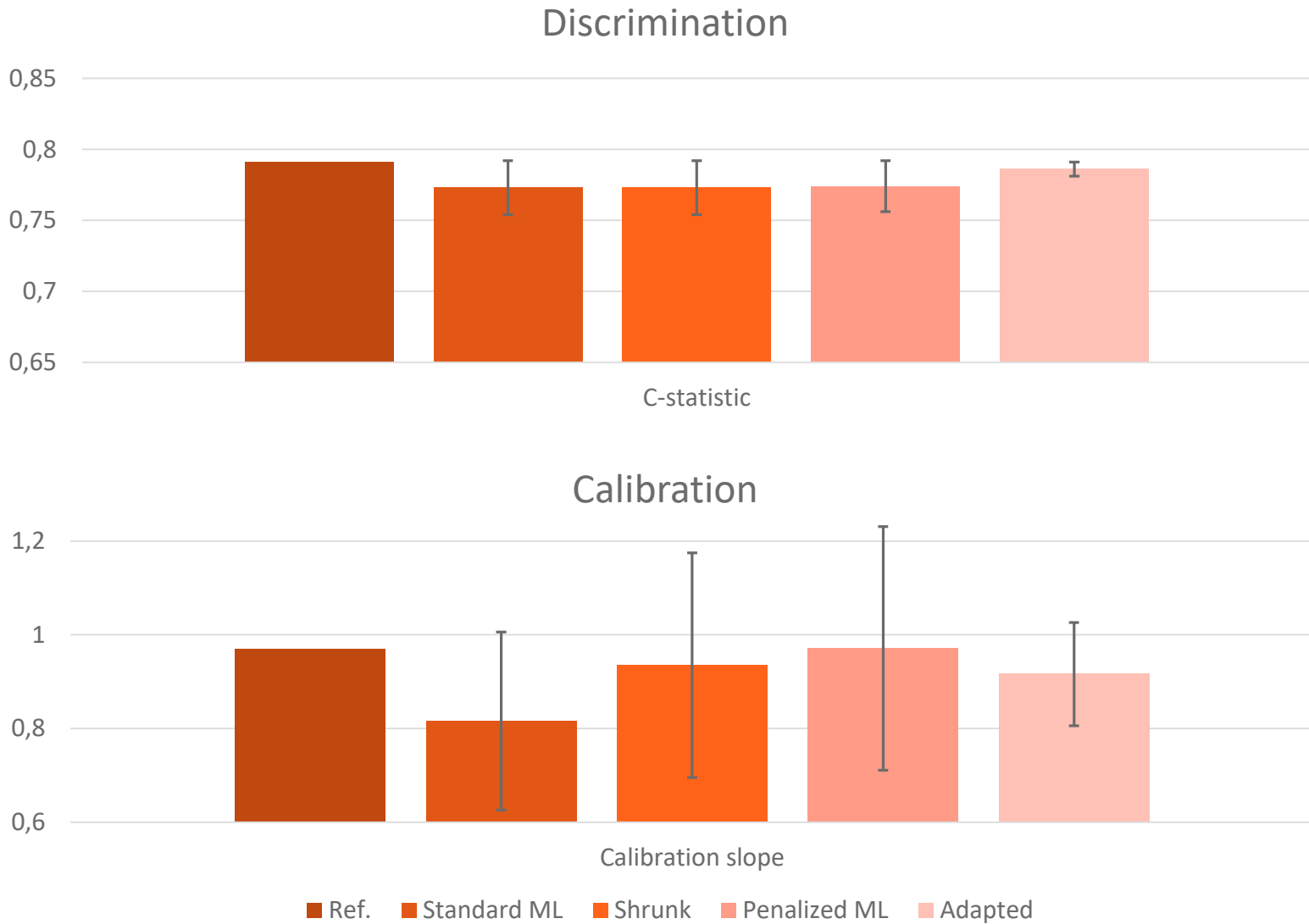
## Prognosis of acute MI

- Outcome: 30-day mortality
- Population: patients with acute MI
- Predictors: Age, killip class, infarct location, ST elevation
- Literature coefficients from TIMI-II data set
- Model development datasets from GUSTO-I ( $N=336 \times 61$ )
- Model validation dataset GUSTO-I ( $N=40830$ )



# Case study

## Prognosis of acute MI



## Type 2

Incorporating adjusted predictor effects  
(models or rules with similar predictors)





# Background

Abundance of prediction models for the same clinical problem

- > 150 models alike Framingham, SCOPE, Qrisk
- > 100 models for brain trauma patients
- > 100 diabetes type 2 models
- > 60 models for breast cancer prognosis
- > 25 models for predicting long-term outcome in neurotrauma patients
- > 10 models to diagnose venous thromboembolism



# Background

## Prognosis of cardiovascular disease

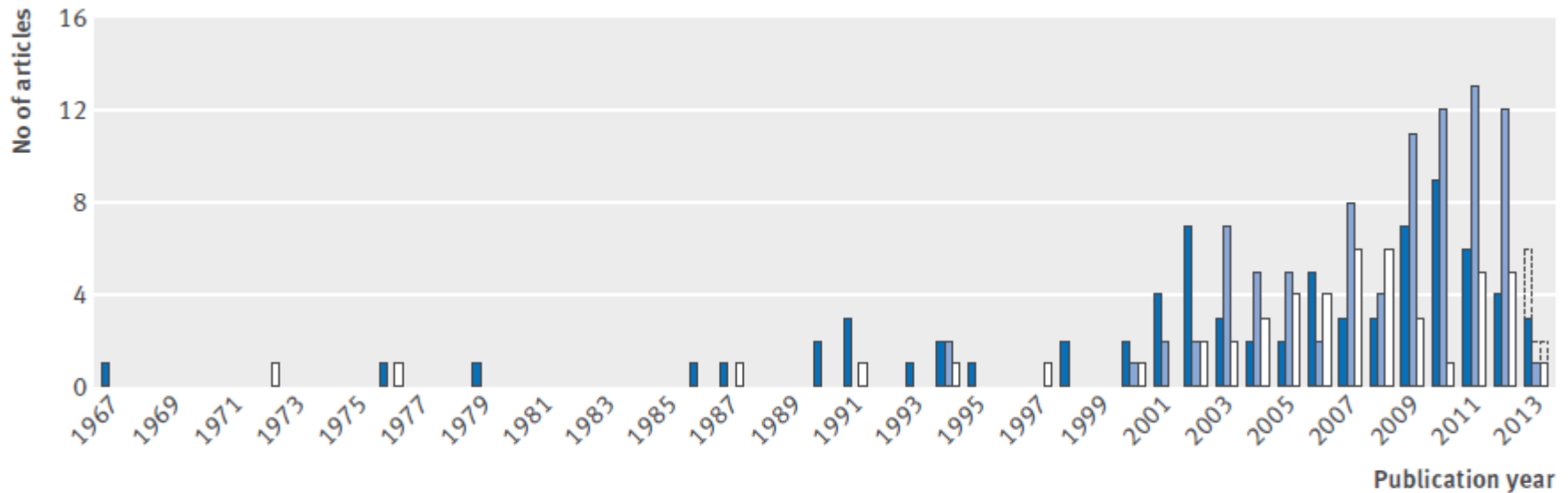


Fig 2 | Numbers of articles in which only one or more models were developed (dark blue), only one or more models were externally validated (light blue), or one or more models were developed and externally validated (white), ordered by publication year (up to June 2013). Predictions of the total numbers in 2013 are displayed with dotted lines

**Ref:** Damen JAAG et al. Prediction models for cardiovascular disease risk in the general population: systematic review. BMJ. 2016.



# Background

## Diagnosis of Deep Vein Thrombosis

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Bed rest (>3 days) or recent surgery (within 4 weeks)	1	1
Male sex	1	–
Calf circumference >3 cm on affected side (measured 10 cm below tibial tuberosity)	1	1
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Localized tenderness along the distribution of the deep venous system	–	1
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Collateral superficial veins (nonvaricose)	–	1
Previously documented deep vein thrombosis	–	1
Alternative diagnosis at least as likely as deep vein thrombosis	–	–2
Unlikely versus likely cutoff score	2 or less	1 or less



# Background

- How to take advantage of published predictor effects?
- How to take advantage of published weights?
- How to deal with between-study heterogeneity?



## Research Article

Received 7 April 2011,

Accepted 16 March 2012

Published online 26 June 2012 in Wiley Online Library

(wileyonlinelibrary.com) DOI: 10.1002/sim.5412

# Aggregating published prediction models with individual participant data: a comparison of different approaches

Thomas P. A. Debray,<sup>a\*†</sup> Hendrik Koffijberg,<sup>a</sup>  
Yvonne Vergouwe,<sup>b</sup> Karel G. M. Moons<sup>a‡</sup> and  
Ewout W. Steyerberg<sup>b‡</sup>

# Strategy 1

## Meta-analysis of multivariable predictor effects

Summarize the multivariable regression coefficients and standard errors from literature + IPD at hand

- Univariate meta-analysis
- Multivariate meta-analysis

Similar to meta-analysis of IPD+AD of therapeutic trials

**Result:** a “pooled” prediction model applicable to the “average” population of development studies



# Strategy 1

Meta-analysis of multivariable predictor effects

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Similar to meta-analysis of IPD+AD of therapeutic trials

**Result:** a “pooled” prediction model applicable to the “average” population of development studies



*Why may this not be desirable?*





# Strategy 2

## Bayesian inference

Consider IPD at hand as the clinically relevant population

- Use evidence of existing models to inform estimation in the IPD at hand
- Bayesian estimation framework with informative prior distributions

**Result:** a “pooled” prediction model that is tailored to the current population



# Restoring of missing information

## Transforming weights to regression coefficients

- Re-estimate intercept + common slope in IPD at hand

## Unknown regression coefficients

- Omit (e.g. through univariate meta-analysis)
- Impute (e.g. through multivariate meta-analysis)
- Re-estimate from IPD at hand

## Unknown within-study correlations

- Assign a predefined value
- Borrow from IPD at hand



# Case study

## Diagnosis of Deep Vein Thrombosis

### Illustration

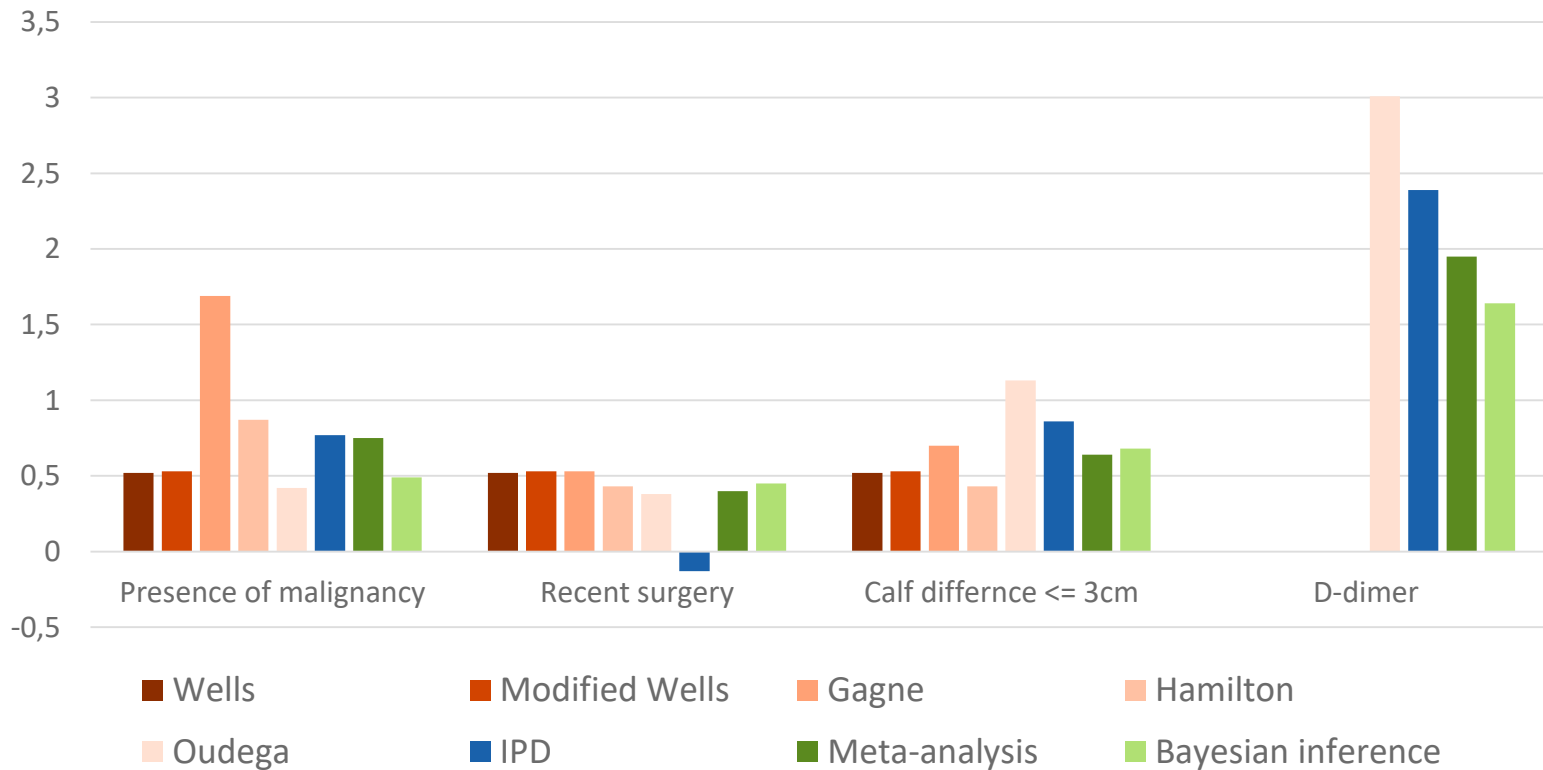
- 5 previously published prediction models
  - Wells and Modified Wells
  - Gagne
  - Oudega
  - Hamilton
- Focus on 4 core predictors
- Model development dataset ( $N = 1028$ )
- External validation dataset ( $N=791$ )



# Case study

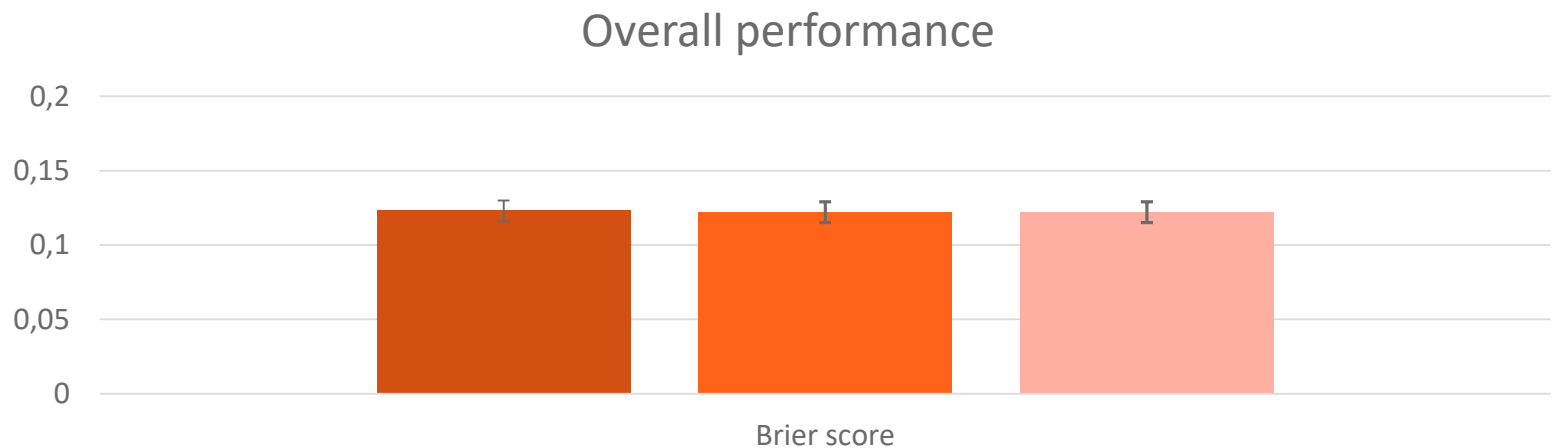
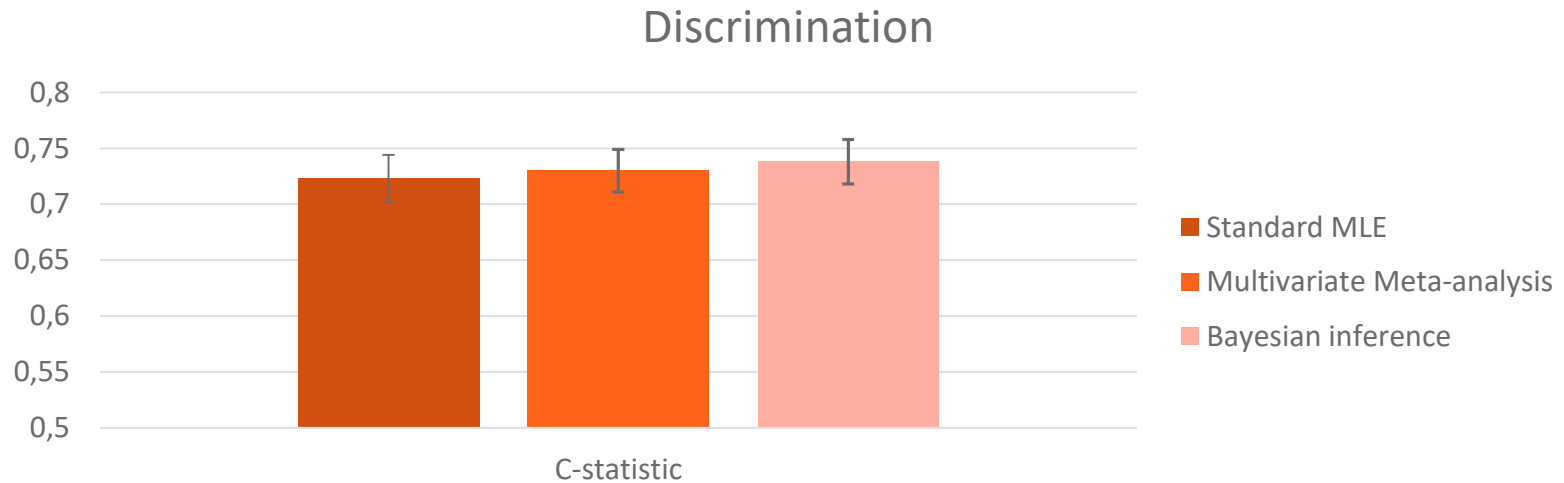
## Diagnosis of Deep Vein Thrombosis

(Restored) multivariable regression coefficients



# Case study

## Diagnosis of Deep Vein Thrombosis



# Summary points

## Advantages

- Reduce danger of over-fitting in small data sets
- Feasible even when no IPD is at hand
- Acknowledgement of heterogeneity

## Drawbacks

- Requirements usually not (fully) met
- Poor reporting of coefficients and standard errors
- Limited performance gain
- Limited adjustment for heterogeneity



## Type 3

Incorporating adjusted predictor effects  
(models or rules with different predictors)

# Background

- Prediction models often include different predictors
- Inconsistent reporting of prediction models
- Incomplete reporting of regression analyses
- Heterogeneity between study populations





# Background

## Prognosis for recurrent venous thromboembolism

**Table 5** Predictors included in final model

Model	HERDOO2	Vienna	DASH
Predictors included			
D-dimer	X	X	X
Age	X	–	X
Sex	–	X	X
BMI	X	–	–
Post-thrombotic signs	X	–	–
Site of index event	–	X	–
Hormone therapy	–	–	X

BMI, body mass index.

**Ref:** Ensor J et al. Systematic review of prognostic models for recurrent venous thromboembolism (VTE) post-treatment of first unprovoked VTE. *BMJ Open*.

### Strengths and limitations of this study

- To our knowledge, this is the first systematic review identifying prognostic models for venous thromboembolism recurrence risk in the unprovoked population, using a robust systematic methodology.
- The study is also the first to assess the validity of the existing models in terms of risk of bias and applicability.
- We were unable to perform a quantitative analysis of the identified articles due to a lack of homogeneity in many areas, including the predictors used, model types and study populations.
- All models require further independent external validation, and as such the true performance of the models in the wider unprovoked population must be assessed in new research.

## Research Article

Received 8 March 2013,

Accepted 5 December 2013

Published online in Wiley Online Library

(wileyonlinelibrary.com) DOI: 10.1002/sim.6080

# Meta-analysis and aggregation of multiple published prediction models

**Thomas P. A. Debray,<sup>a\*†</sup> Hendrik Koffijberg,<sup>a</sup> Daan Nieboer,<sup>b</sup>  
Yvonne Vergouwe,<sup>b</sup> Ewout W. Steyerberg<sup>b</sup> and  
Karel G. M. Moons<sup>a</sup>**



# Methods

## Proposed solutions

- Prediction models often include different predictors
  - Generate “ensemble” of prediction models
- Inconsistent reporting of prediction models
  - Use “scores” rather than predicted probabilities
- Incomplete reporting of regression analyses
  - Avoid use of within-study (co)variance
- Heterogeneity between study populations
  - Integrate model validation, updating and meta-analysis



# Strategy 1

## Model averaging

### Procedure

1. Validate and update literature models in “own” IPD
2. Use updated models to calculate prediction for each subject
3. Calculate model averaged prediction
  - Assign more weight to models with better fit in the IPD
  - Assign less weight to models that have been substantially revised

$$w_m = \frac{\exp(-0.5 \text{ BIC}_m)}{\sum_{l=1}^M \exp(-0.5 \text{ BIC}_l)}$$

4. Use the models' averaged predictions as dependent variable to develop the meta-model



# Strategy 1

## Stacked regressions

### Procedure

1. Treat the predictions or scores of each literature model as a predictor variable
2. Develop the meta-model by forming a linear combination of the model predictions
  - Estimation of a common intercept term
  - Estimation of a weight for each model
  - Allow omission of models with a “negative” contribution
3. Calculate regression coefficients of the meta-model by applying the estimated weights

**Simultaneous updating, discovery and estimation of the best combination of literature models**



# Case study

## Diagnosis of Deep Vein Thrombosis

- 5 previously published prediction models
  - Primary care (Gagne, Oudega)
  - Secondary care (Wells, modified Wells, Hamilton)
- Model development dataset
  - Primary care (N=1028)
- 2 external validation datasets
  - Primary care (N=791)
  - Secondary care (N=1756)



# Case study

## Diagnosis of Deep Vein Thrombosis

Weights	Model Averaging	Stacked Regressions
Oudega	0,998	0,537
Gagne	0,002	0,497
Wells	0	0
Modified Wells	0	0
Hamilton	0	0
(Intercept)		1,01



# Case study

## Diagnosis of Deep Vein Thrombosis

(Updated) multivariable regression coefficients

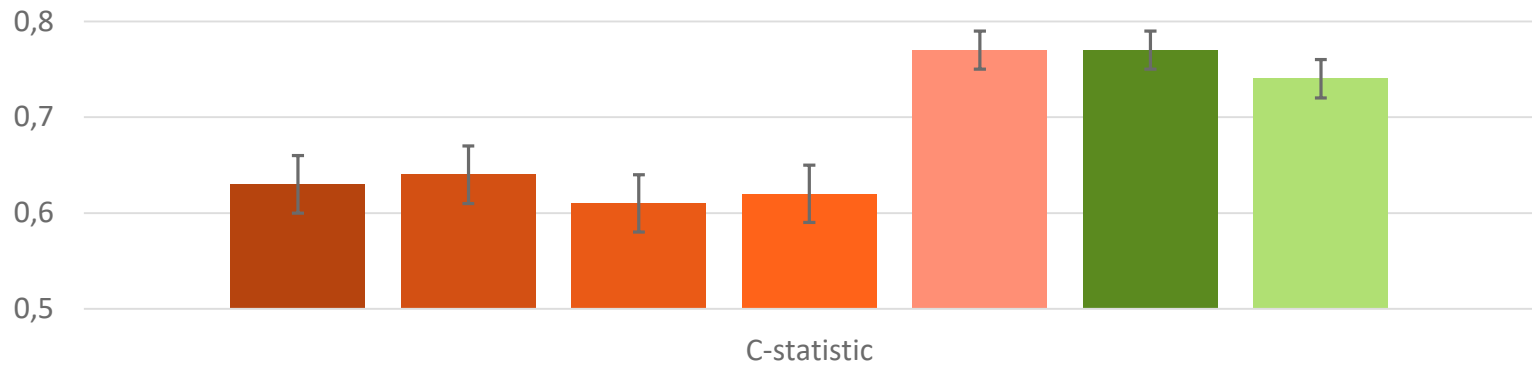




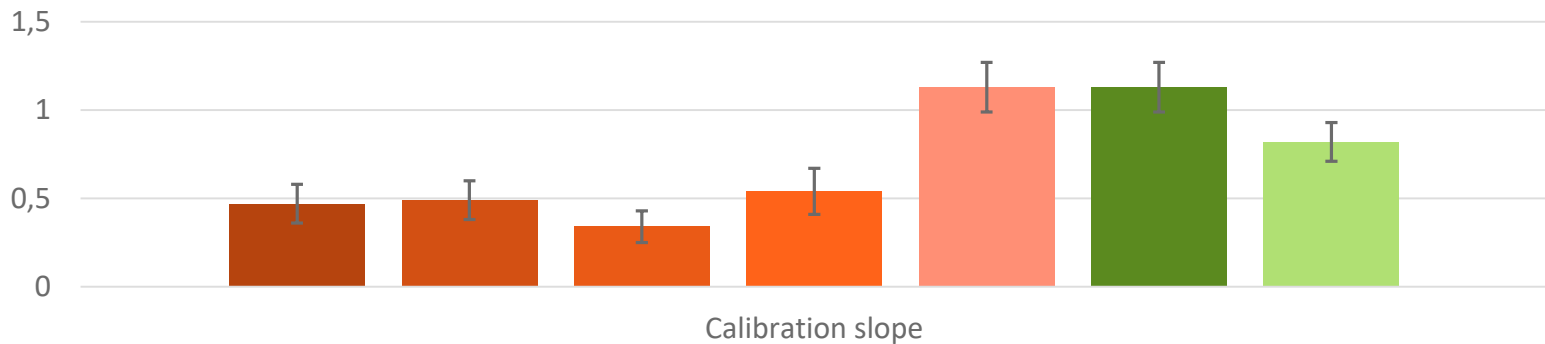
# Case study

## Diagnosis of Deep Vein Thrombosis (Primary care)

Discrimination



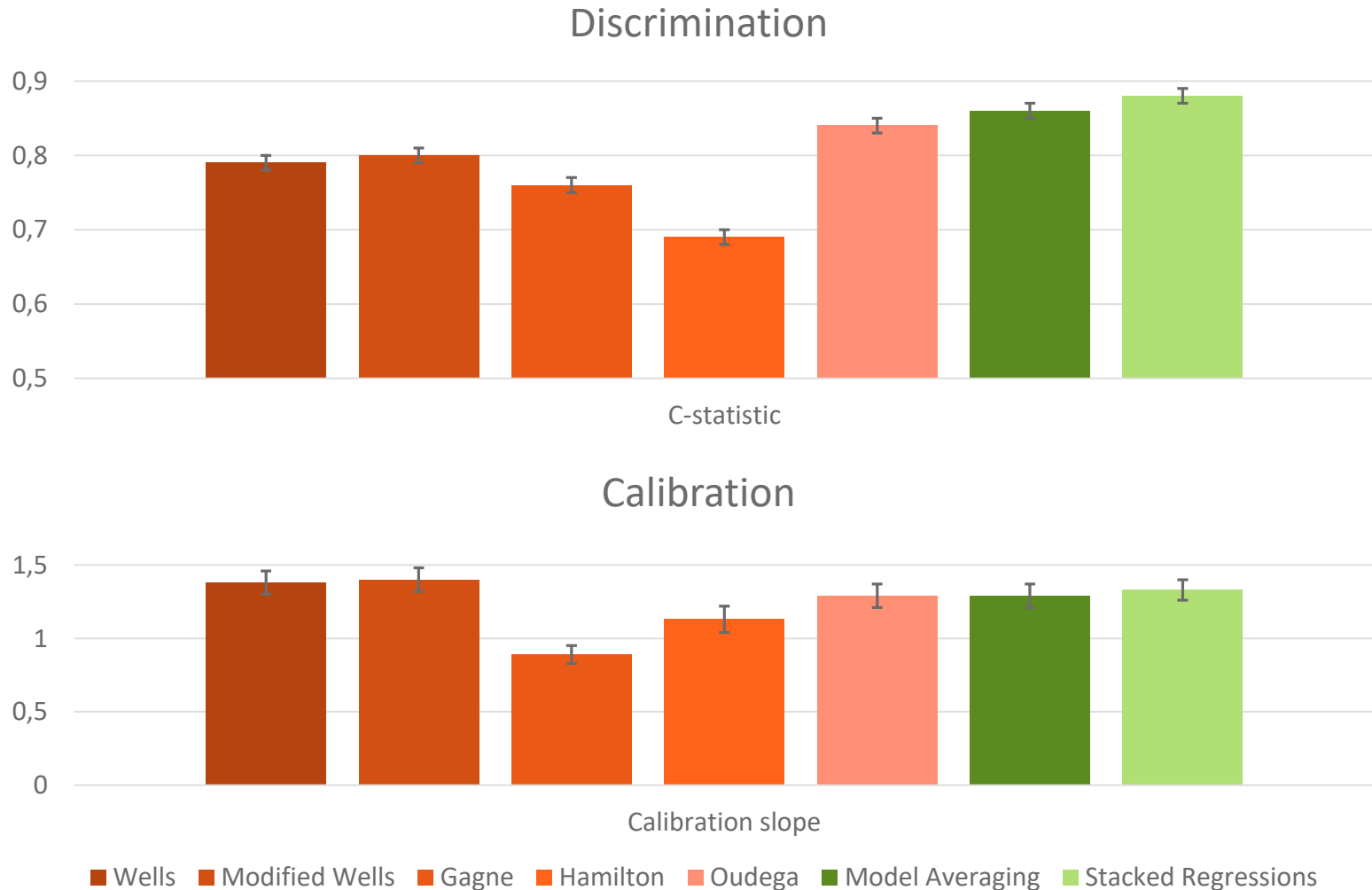
Calibration



■ Wells ■ Modified Wells ■ Gagne ■ Hamilton ■ Oudega ■ Model Averaging ■ Stacked Regressions

# Case study

## Diagnosis of Deep Vein Thrombosis (Secondary care)



# Summary points

## Advantages

- Natural extension of model updating
- Reduce danger of over-fitting in small data sets
- Acknowledgement & adjustment for heterogeneity



# Summary points

# Strengths & weaknesses

## Strengths

- Abundance of external information
- Straightforward implementation of methods
- Explicit aggregated models (no “black boxes”)
- Aggregation usually improves performance

## Limitations

- Heterogeneity across studies
- Performance gain not always very large
- Additional efforts required during development



# Courses

# Basic & Advanced courses in Systematic Reviews, Meta Analysis, Clinical Epidemiology and Statistics



## Face to Face & Online

- Systematic Reviews of Randomised Intervention Studies
- Systematic Reviews of Diagnostic Studies
- Systematic Reviews of Prognostic Studies
- Meta Analysis with Individual Participants Data
- Clinical Trials and Drug Risk Assessment
- Diagnostic Research
- Prognostic Research
- Missing Data

[www.msc-epidemiology.eu](http://www.msc-epidemiology.eu)

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